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Absolute Beginner's Guide to Coaching Youth Basketball

By Hanlon, Tom

Que Publishing, 2005. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service!
 Summary: Absolute Beginner's Guide to Coaching Youth Basketball. Table of Contents. Introduction. How This Book Is Organized. Special Elements. I. COACHING BASICS. 1. Your Coaching Approach. Your Coaching Philosophy Physical Development Mental Development Emotional Development Social Development Some Final Thoughts on Your Coaching Philosophy 10 Attributes of a Good Coach Take Your Role Seriously Be Comfortable with Being in Charge Be Dependable and Stable Be Patient Be Flexible Enjoy Getting to Know Your Players Desire to Help Kids Learn and Grow Be an Encourager Be Willing to Learn Have a Sense of Humor 10 Keys to Being a Good Coach Know the Basics of the Sport Plan for Your Season and Practices Conduct Effective Practices Teach Skills and Tactics Correct Players in a Way That Helps Them Improve Teach and Model Good Sporting Behavior Provide for Players' Safety Communicate Effectively Coach Effectively During Games Know What Success Is Final Thoughts on the Keys to Being a Good Coach What to Expect As a Coach What Is Expected of You As a Coach Equipment and Insurance Last, But Not Least: Why Kids Play Basketball 2....



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