



## Power Animals: How to Connect with Your Animal Spirit Guide

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By Steven Farmer

Hay House Inc. Paperback. Book Condition: new. BRAND NEW, Power Animals: How to Connect with Your Animal Spirit Guide, Steven Farmer, In Power Animals: How to Connect with Your Animal Spirit Guide, Steven D Farmer, Ph.D., guides you through a journey on the enclosed CD to discover and connect with your power animal. Once you've determined who your power animal is, you can refer to the text to learn what this says about you, find instructions on how to call upon the spirit animal, and read a channeled message for you from that animal spirit. Your animal spirit guide can show up in its physical form; or you can contact it through meditations, journeys, or dreams and ask it for guidance, healing, or protection. Working with your power animal directly or through imagery and symbolism will put you in touch with your own instinctual nature, thereby increasing your intuitive awareness and enhancing every area of your life.



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