



Just Soup

By Henrietta Clancy

Hardback. Book Condition: New. Not Signed; Soup is the ultimate superfood - the secret to losing weight and staying healthy. In this beautifully produced book, Brixton-based cook Henrietta Clancy brings a fresh approach to the food which is the new buzzword for good nutrition, sharing her favourite 50 recipes - the only soup recipes you will ever need . Arranged in five simple sections - quick soups, raw soups, slow soups, hearty soups and broths - these are all super easy to make and satisfyingly good for you, with high-impact flavours and ingredients guaranteed to nourish your body. book.



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Reviews

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