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Own Your Life

By Eryka T Johnson

Xulon Press, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.How can a woman be a star in her own life and in the lives of others? Own Your Life-A Practical Guide to Personal Leadership and Being a S.T.A.R. with No Excuses has the answers.Eryka Johnson, who began her career as a mechanical engineer with ExxonMobil after graduating from Prairie View AM University, is now a Leadership Brand Strategist, Author, and Keynote Speaker. Of this book, she says, This practical guide takes you on a journey to reaching your highest level in personal leadership while reinventing yourself from the inside out. Personal leadership is a necessity for effective leadership of others. It centers around your ability to understand your strengths and weaknesses, get a vision for your life, and align your thoughts and actions to intentionally live out that vision with boldness. It is about how you consistently manage your life. It is about your dedication, focus, and drive to follow purpose and gracefully overcome obstacles that will come along the way.To do this, she establishes five steps: Vision Setting, Identifying Barriers, The Power of Transformation, Action...



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